

## Robert Kegan The Evolving Self

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### Robert Kegan The Evolving Self

According to Robert Kegan, meaning-making is a lifelong activity that begins in earliest infancy and continues to evolve through a series of stages encompassing childhood, adolescence, and adulthood. The Evolving Self describes this process of evolution in rich and human detail, concentrating especially on the internal experience of growth and transition, its costs and disruptions as well as its triumphs.

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### **Amazon.com: The Evolving Self: Problem and Process in ...**

Robert Kegan is a founding member of Integral Institute and the author of the critically acclaimed books *The Evolving Self*, *In Over Our Heads*, and *How the Way We Talk Can Change the Way We Work*. Bob is also the first-ever Meehan Professor of Adult Learning and Professional Development at the Harvard Graduate School of Education.

### **The Evolving Self - Integral Life**

The *Evolving Self* focuses upon the most basic and universal of psychological problems—the individual's effort to make sense of experience, to make meaning of life. According to Robert Kegan, meaning-making is a lifelong activity that begins in earliest infancy and continues to evolve through a series of stages encompassing childhood, adolescence, and adulthood.

### **The Evolving Self — Robert Kegan | Harvard University Press**

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### **The Evolving Self: Problem and Process in Human ...**

Robert Kegan has created a new perspective of personality development, focusing on the dynamics of the evolving self. The perspective integrates two universal human processes--meaning-making and social development--into a scheme that can be used to derive testable generalizations and simultaneously inform the practice of therapy.

### **The Evolving Self: Problem and Process in Human ...**

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### **The Evolving Self - Robert KEGAN - Google Books**

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### **The Evolving Self on JSTOR**

The Evolving Self In his book The Evolving Self (1982), Kegan explored human life problems from the perspective of a single process which he called meaning-making, the activity of making sense of experience through discovering and resolving problems.

### **Robert Kegan - Wikipedia**

By Robert Kegan. The Evolving Self focuses upon the most basic and universal of psychological problems – the individual's effort to make sense of experience, to make meaning of life. According to Kegan, meaning-making is a lifelong activity that begins in earliest infancy and continues to evolve through a series of stages encompassing childhood, adolescence, and adulthood.

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### **The Evolving Self - The Developmental Edge**

Kegan (Robert) introduced his theory of self-evolution in 1982 in his book, *The Evolving Self*. In his later book, *In over Our Heads: The Mental Demands of Modern Life* (1994), he presented a revised version of his theory and further discussion of the implications of his work for society. Kegan (1982) noted that Piaget's work served as inspiration for his own.

### **Kegan's Theory of the Evolution of Consciousness ...**

Dr. Robert Kegan is arguably the single most cited thought-leader in the field of adult development today. His ground-breaking works on human and organizational behavior include *The Evolving Self*, *In Over Our Heads*, *Immunity to Change*, *How the Way We Talk Can Change the Way We Work*, and *An Everyone Culture*.

### **Dr. Robert Kegan - The Developmental Edge**

Preview — *The Evolving Self* by Robert Kegan. *The Evolving Self* Quotes Showing 1-16 of 16. “All transitions involve leaving a consolidated self behind before any new self can take its place. At the 4-5 shift this means abandoning - or somehow operating without reliance upon - the form, the group, standard, or convention.

### **The Evolving Self Quotes by Robert Kegan - Goodreads**

Robert Kegan is one of the researchers whose work has inspired us at Teal School. He is a retired Professor in Adult Learning and Professional Development at Harvard Graduate School of Education and the author of books like *The Evolving Self*, *In Over Our Heads* and *Immunity to Change*.

### **Robert Kegan: the Evolution of the Self | Teal School**

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